



LOCAL COMPANY IGNITES A PASSION FOR SUCCESS

THOSE FACING TOUGH OR unpleasant obstacles in their personal or professional lives sometimes liken the experience to walking on coals.

Inner Flame Inc. is a unique St. Catharines company that takes the metaphor to heart, specializing in cutting-edge development programs for both small and large business – as well as actually showing clients how to walk on coals in real life. “Workforce development is a key component in strengthening our economic growth,” says St. Catharines Enterprise Centre Manager, Shane Thomson.

Founded by a brother and sister team, the company assists people in overcoming challenges faced in both their professional and personal lives.

Natasha and Jason Secord are the key facilitators who combine years of experience in the corporate

and holistic fields. Natasha is also Canada’s only Sun-door Certified Master Firewalk Instructor.

“Our training works, they get results,” Jason says. “By showing people how to focus their minds and overcome internal obstacles, organizations can expect their employees to become more passionate, empowered and motivated. The result is improved work habits, effective stress management and employee satisfaction.”

In today’s marketplace, organizations searching for simple and effective tools to stay competitive can find a new approach to success when investing in one of Inner Flame’s trainings.



Take the challenge and ignite change in your organization by contacting Inner Flame today. Visit them on the web at www.innerflame.ca.



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