



About Natasha Secord

Co-Founder of Inner Flame Inc., Natasha is a world-class facilitator who leads participants through breakthrough processes that are known to change lives. The powerful transformations experienced in her corporate and personal development trainings reflect the spirit and heart from which she teaches.

Canada's only Sundoor Certified ~MASTER Firewalk Instructor~

Natasha was trained by Peggy Dylan, who co-introduced firewalking as a self-improvement process to the West in 1982.

Natasha has walked safely across a bed of glowing red hot coals hundreds of times.

Natasha is dedicated to supporting and empowering each individual to live their highest potential from a place of truth and joy.

Natasha received her BBA in International Business and Marketing from UNB. She is fluent in both English & French with a fondness for the Spanish language and culture.

An adventurer at heart, Natasha has lived and traveled "off the beaten path" in many areas of the world. Most of her 20s were spent connecting with people from all walks of life, living their cultures and experiencing a free flowing lifestyle filled with adventure. Such adventures have included diving some of the worlds most pristine reefs, skydiving over Nevada's desert, rock climbing through Mexico and the West Coast, guiding clients on white water rafting trips, trekking in the Himalayas, surfing in remote areas of Costa Rica and skiing some of BC's best backcountry. A firm believer of leading by example --- life is meant to be lived to its fullest!

Our Earth Mother and Spirit have been a constant source of strength and a major influence in Natasha's day to day life. She is most at home communing with Nature – whether on a solo backpacking trip, leading groups on cross country adventures or playing quietly (or not!) with her 3 year old son Canyon. (His name was inspired by the incredible beauty, stillness and healing powers of the canyons in Utah; where she spent several blissful months patrolling the rivers as a volunteer River Ranger).

Also a recognized Shamanic Healer and graduate of Sandra Ingerman's 2 year Shamanic Teacher's Training in SantaFe, NM; Natasha's teachings reflect the ancient wisdom and healing traditions that have been practiced throughout time.

Natasha is focused on empowering individuals through teaching shamanic healing techniques, practical methods of connecting with spirit and the ancient tradition of Firewalking.